

Perishables:

Fruits & Veggies

Meats

Cheese

Eggs

Bread

Milk

Juice

Salad kits

Pasta kits

Single serve items and/or things that can be easily repackaged

Non-Perishables:

PB/Jelly

Cereal

Canned fruits and veggies

Canned beans and other proteins (chicken, tuna)

Pasta

Pasta or Tomato Sauce

Mac and Cheese

Ramen

Dry Beans & Rice

Boxed Meals

Crackers

Prepackaged snacks or bulk that can be repackaged (granola bars, cookies, nuts, chips, popcorn, pretzels)

Drinks mixes, tea

Shelf stable milk

Bottled water

Non-Food Items:

Hygiene Products & Toiletries (NO RAZORS)

Menstrual Products

Diapers/Baby Wipes

Baby Formula & Baby Food

Toilet paper

Household items; wash cloths, sponges

Socks (all sizes)

Compostable silverware

Ziplock bags